

# the GATHER 'round

Live your life & forget your age

Volume 33 Number 1

7 1 5 C A M P U S S T . · M I L T O N W I S C O N S I N 5 3 5 6 3 8 6 8 · 3 5 0 0



**WE'RE HAVING A PARTY**

**SATURDAY, NOV. 2  
6:30 PM TO 9:30PM**

**FREE APPETIZERS  
MUSIC BY JAMIE & MADDIE**

THEY WILL BE PLAYING ALL OF YOUR FAVORITE SONGS TO SING ALONG AND DANCE TO. BAR, APPETIZERS AND LOADS OF FUN!

**\$15.00**

SIGN UP AT RECEPTION DESK OR ONLINE

THE GATHERING PLACE 715 CAMPUS ST, MILTON  
608-868-3500 TGP.MILTON.COM

**HARD ROCK CASINO**

**WEDNESDAY, NOV. 6**

**BUS TRIP**

**\$30 MEMBERS  
\$40 NON-MEMBERS**

BUS LEAVES AT 10:00AM AND RETURNS TGP BY 4:00PM

PRICE INCLUDES \$10 REWARDS PLAY AND HALF PRICE LUNCH AT THE HARD ROCK CAFE FOR 55 AND OLDER. IF YOU SIGN UP FOR THEIR REWARDS CLUB YOU WILL RECEIVE ANOTHER \$10 REWARDS PLAY AND A T-SHIRT!

**CHECK OUT THE NEW CASINO IN ROCKFORD!!!**

## FROM THE DIRECTOR



The year is coming toward an end and November gives us the wonderful opportunity to express our gratitude to those around us. Following a successful Style Show, Pumpkin Fest and Murder Mystery Dinner in October, I would like to thank our incredible staff and volunteers here at The Gathering Place. Without you, The Gathering Place would not be what it is today!

On November 11<sup>th</sup>, we have an opportunity to express our gratitude to the Veterans in our community by hosting a free catered meal from Knute's along with a wonderful program highlighted by keynote speaker Mark Van Zandt. This lunch and program is made possible by two of our members, Dave and Nancy Lader. Space is limited so please sign up soon!

At the end of the month, we have the opportunity to be thankful for our loved ones as we celebrate Thanksgiving. To allow all our staff and volunteers adequate time to do that, we will be closed on November 28<sup>th</sup> and 29<sup>th</sup>.

As always, there are lots of incredible activities and events this month at TGP. I look forward to seeing you around. Maybe try something new this month!

*Matt*



## Monday, November 11 at 12:00pm Veteran's Day Program & Luncheon

Join us at The Gathering Place for our annual Veteran's Day Program. All veterans and spouses are invited to have lunch with us and enjoy a wonderful program with Mark Van Zandt as the keynote speaker and music by Kay Schultz. This is a free lunch catered by Knutes and is made possible by Dave and Nancy Lader.

Please sign up as there are limited seats. Sign up at the reception desk or call 608-868-3500.

**DON'T MISS THIS WONDERFUL EVENT!**

**HONORING ALL WHO SERVED**



# CLASSES ETC..



**\$25.00**  
includes all materials!

Join Kimberly of Rubbish Restyled for a special finger knitted pumpkin class and create an adorable yarn pumpkin. You'll have enough material to create one medium pumpkin approximately 7"x5".

Stem, Twine and leaf/ floral embellishments are included  
Registration required- Deadline to register is November 9th.

**Tuesday, November 12th**

**1:00 PM**

Register at reception by 11/9/2024

## ROD BUILDING CLASS!

Calling all fishermen interested in learning how to start building a fishing rod from scratch and ending up with a rod you will be able to fish with.

**SATURDAY, JANUARY 11**

**8:30 AM to 4:00PM**

### Diamond Painting

Open Class-Pay by the project

**NOVEMBER 1ST 1:00 – 4:00pm**

# Dance

## LINE DANCING CLASSES

ROCK, COUNTRY AND HIP HOP

4:30PM in the lower level

WEDNESDAYS  
NOV. 6, 13 AND 20  
DEC. 11 AND 18

NOV. 6TH AND DEC. 11TH  
ARE BEGINNER CLASSES

NOV. 13TH, 20TH AND DEC  
18TH ARE INTERMEDIATE  
CLASSES

ALL ARE WELCOME AT ALL CLASSES  
REGISTER AND PAY AT RECEPTION

On Nov.6th and Dec. 11th, we will start with the basics. Nov.13th, 20th and Dec. 18th will be a continuation of what you learned in the basic class. All classes are open to beginners and intermediate levels. Previous dancing experience not necessary. Learn several easy and popular line dances with a variety of music genres. You can sign up for one or all of the classes!

MEMBERS-\$25 for 5 classes and \$6 for individual classes.  
NON-MEMBERS-\$30 for 5 classes and \$7 for individual classes.

## Stained Glass Open Studio

**November 14th & 15th**

**1:00 – 4:00**

**\$20 members/\$25 non-members**  
for two classes.

**Come and work on your project or**  
start a new one!

# DON'T MISS THIS!

**HOLIDAY FOLK  
FAIR**

**INTERNATIONAL  
FRIDAY, NOV. 22**

*Come and enjoy the music, dance,  
food and art of other countries.  
This event celebrates  
multicultural heritage of the  
people living in southeastern  
Wisconsin.*

**WISCONSIN STATE FAIR PARK  
MILWAUKEE**

**\$25.00-INCLUDES ENTRANCE FEE**

**BUS LEAVES AT 12:15pm**

**RETURNS AT 7:15pm**

**REGISTER AT  
RECEPTION BY  
NOV. 13TH**

**ANCESTRY  
& ARCHIVES**

WALKING TOUR OF THE  
WISCONSIN HISTORICAL  
SOCIETY

**TUESDAY, DEC. 10**  
**BUS LEAVING AT 9:00AM**

EXPLORE THE  
LIBRARY AND  
GENEOLOGY AREA  
OF THE WISCONSIN  
HISTORICAL SOCIETY  
IN MADISON. LUNCH  
AT THE UW  
MEMORIAL UNION

**\$10.00**  
LUNCH AT OWN EXPENSE

## TRAVEL

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**Alaska Discovery Land & Cruise**  
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Trip Information: [TravelChicksLLC.com](http://TravelChicksLLC.com) or  
<https://gateway.gocollette.com/link/1234994>

**PREMIERE TRAVEL SHOW**

**FRIDAY, NOV. 15**  
**1:00PM**

**HOLLAND TULIP & RHINE  
RIVER CASTLES CRUISE**  
Featuring Amsterdam & 7  
nights aboard the  
Amadeus Cara 

**CAPE COD AND  
THE ISLANDS**  
5 nights in Cape Cod, 1  
night in Boston. Visit Martha's  
Vineyard, Newport and more. 

**HISTORIC SAVANNAH &  
CHARLESTON**  
2 nights in Charleston, 2 nights  
in Savannah and 2 nights in  
Jekyll's Island Club. 

**WEST VIRGINIA RAILS &  
WILLIAMSBURG**  
Explore the beauty of West  
Virginia and Williamsburg on 2  
train experiences. 



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# STAY HEALTHY

## Avoid COVID & The Flu!

Get the flu shots here!

Flu season has officially begun. Hyvee Pharmacy will be here to administer these vaccines. Please register at the front desk and bring your insurance cards. Spaces fill up fast!

**Tuesday, Nov. 5  
12:30pm-1:30pm**

THE GATHERING PLACE  
715 CAMPUS STREET, MILTON  
608-868-3500



## ORTHOPEDECS & PAIN MANAGEMENT SERIES

Dr. Dahm -

**Wednesday, November 6<sup>th</sup> @ 1pm** - There are a number of hand and wrist conditions that can make everyday tasks painful or challenging. Arthritis, carpal tunnel, tendonitis, ganglion cysts and injuries are some of the most common. Join James S. Dahm, MD, Orthopedic Surgeon, specializing in Hand/ Shoulder/ Upper Extremity to learn more.

**Dr. Keyes - Thursday, November 14<sup>th</sup> @ 10am** - Join Dr. Keyes, Orthopedic Surgeon, specializing in Hip & Knee Replacement & Revision, will discuss joint pain of the knee & hip, and what individuals can do to manage it. He will also provide information regarding the latest advances in surgical and non-surgical treatment options.

Sign up at the reception desk or call 608-868-3500.

## FOOT CARE CLINIC

**Wed. November 6th**

Older adult's feet lose cushioning over time, and the nails and skin can grow brittle and dry. George Daniels is a member of the American Foot Care Nurses Association. George will need each patient to bring a current list of their medications and a short medical history the first time you meet with him.

**\$40.00 PER HALF HOUR. SIGN UP AT RECEPTION  
DESK OR CALL 608-868-3500**

## WINTER IS COMING

DO YOU GET THE WINTER BLUES??

Join this informative session where Lieneke Hafeman (Program Director) and Tom Bolan (Licensed Therapist) of Edgerton Hospital & Health Services will discuss how to identify & cope with holiday and winter blues. Learn about the

**Senior Life Solutions Program**, a place to get to the heart of "why" and learn strategies toward mental wellness.

**TUESDAY, NOV. 19**

**AT 1:00PM**

FREE BUT PLEASE SIGN UP AT RECEPTION OR  
CALL 608-868-3500

## CHAIR MASSAGE

**November 7th & 21st**

**Be sure to call and reserve your spot!** Massage therapist, Alicia Jenski, LMT, is offering chair massages twice a month. You can sign up for 15 or 30 minutes. Cost is \$15 per 15 minutes or \$30 for 30 minutes. If you have to cancel please do so as soon as possible so we can fill that spot.

## MOVIE

**Monday, Nov. 18 at  
1:15PM**

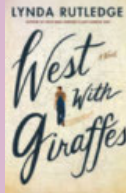
### **The Unforgivable**

The film stars Sandra Bullock as a woman who, following her release from prison after serving twenty years for committing murder, is determined to reunite with her estranged younger sister.



## BOOK

**Nov. 21 at  
1:00PM**



### **WEST WITH GIRAFFES**

**by Jim DeFed**

Woodrow Wilson Nickel, age 105, feels his life ebbing away. But when he learns giraffes are going extinct, he finds himself recalling the unforgettable experience he cannot take to his grave.

## CHRISTIAN MOVIE CLUB

**Thursday, Nov. 21 at 12:30pm**

**The Chosen Season 4 is starting!**

## MEMOIRS & MEMORIES

**Wednesday, Nov. 20**

**10:30AM**



Please join our TGP Writer's Club as they present selections of their writings about life's humorous and serious events. Registration is encouraged and appreciated. Sign up at reception or call 608-868-3500.

ADRC lunch available afterwards.

Must sign up.

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that Support our  
Community!**



# JOIN OUR COMMUNITY

Become a member and support your senior center. We have so much to offer!

Membership entitles you to a monthly newsletter sent straight to your home. It is jam packed with events and activities happening each month. Some events are discounted to our members and because the newsletter is delivered to you before anyone else, you have the best chance to sign up for your favorite event!

Individual membership is \$30 yearly and includes monthly newsletter. Couples yearly membership is \$50 and includes monthly newsletter.

Please indicate your preference below. Checks may be mailed to:

The Gathering Place, 715 Campus Street, Milton, WI 53563.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Birthdates \_\_\_\_\_

Emergency Contact Name & Number \_\_\_\_\_

Email \_\_\_\_\_

1 year individual membership

1 year couples membership

IT'S RENEWAL TIME



# HOLIDAY FUN!



*Afternoon with Santa*  
*December 8, 12-2*

Join us and enjoy games, prizes and a visit with Santa and Mrs. Claus. Small gifts for all children under 10 years old. Crafts available for older children. Refreshments will be available for purchase.

**THE GATHERING PLACE**  
715 CAMPUS ST, MILTON, WI

We still need volunteers so call 608-868-3500 if you can help.



## HOLIDAY CRAFT FAIR

**FREE ADMISSION**  
ALL ITEMS ARE HAND MADE!  
SHOP ON TWO LEVELS FOR THOSE SPECIAL GIFTS.

**Nov. 30th**  
**9:00am - 3:00pm**

**THE GATHERING PLACE**  
715 CAMPUS STREET  
MILTON, WI



## CHRISTMAS

### Concert & Sing Along

AT THE GATHERING PLACE  
FEATURING  
THE BLUE NOTES CHOIR  
DULCIMERS  
UKELELES

DECEMBER 18TH AT 10:00AM

COME AND JOIN US FOR MUSIC, REFRESHMENTS AND LOTS OF FUN!



Join Us For

## Christkindlmarket

Join us for a trip to a German-style outdoor market with shopping entertainment original food and beverages. Enjoy this market that is partnered with the famous downtown Chicago market!

**12/12/2024** DEPART 830AM

Members \$10  
Non-members \$15

Sign up at reception by Dec. 2nd

Each person pays for their own shopping and meals.

*Christmas is coming!*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> 8:00 Dance Aerobics 8:00 Pool Players 9:00 Mah Jong 10:00 Ukulele Jam 10:45 Strong Bodies 12:30 Canasta <b>12:30 500 Club</b> <b>1:00 Diamond Painting</b>
<b>4</b> 9:00 Chair Yoga 1&2 9:30 Chair Boxing 10:00 Open Art Studio 12:30 Mah Jong 12:30 5 Crowns 1:00 Wood Carving 1:00 Leather Tooling 1:00 Knitting/Crochet 1:00 Ladies Billiards	<b>5</b> 8:00 Dance Aerobics 9:15 Strong Women 9:30 Corn Hole 10:45 Strong Bodies 12:30 Bridge 12:30 Scrabble <b>12:30 Flu Shot Clinic</b> 1:00 Sheephead 1:00 Coloring Group 1:00 Euchre	<b>6</b> 9:00 Chair Yoga 1&2 <b>9:00 Foot Clinic</b> 9:30 Chair Boxing 10:00 Dulcimer Practice <b>10:00 Blue Notes</b> <b>10:00 Hard Rock Casino</b> 12:00 Writing Club 12:30 Phase-10 Card Game 12:30 Mah Jong <b>1:00 Hand &amp; Wrist Pres.</b> <b>4:30 Line Dancing</b>	<b>7</b> 9:15 Strong Women 10:00 Open Art Studio 10:00 Cribbage 10:00 Chair Massage 10:45 Stretching Class <b>11:30 Alterations Janet</b> 1:00 Rag Ruggers 1:00 Euchre 1:00 Mexican Train	<b>8</b> 8:00 Dance Aerobics 8:00 Pool Players 9:00 Mah Jong 10:00 Ukulele Jam 10:45 Strong Bodies 12:30 Canasta
<b>11</b> 9:00 Chair Yoga 1&2 9:30 Chair Boxing 10:00 Open Art Studio 12:30 Mah Jong 12:30 5 Crowns 1:00 Wood Carving 1:00 Leather Tooling 1:00 Knitting/Crochet 1:00 Ladies Billiards	<b>12</b> 8:00 Dance Aerobics 9:15 Strong Women 9:30 Corn Hole <b>10:00 Pastries on the Patio</b> <b>10:30 Quilt Club</b> 10:45 Strong Bodies 12:30 Bridge 12:30 Scrabble <b>1:00 Crochet Pumpkin Class</b> 1:00 Sheephead 1:00 Coloring Group 1:00 Euchre	<b>13</b> 9:00 Chair Yoga 1&2 9:30 Chair Boxing 10:00 Dulcimer Practice <b>10:00 Blue Notes</b> 12:00 Writing Club 12:30 Phase-10 Card Game 12:30 Mah Jong <b>1:15 Bingo</b> <b>4:30 Line Dancing</b>	<b>14</b> 9:15 Strong Women 10:00 Open Art Studio 10:00 Cribbage <b>10:00 Hip &amp; Knee Pres.</b> 10:45 Stretching Class 1:00 Rag Ruggers 1:00 Euchre 1:00 Mexican Train <b>1:00 Stained Glass</b>	<b>15</b> 8:00 Dance Aerobics 8:00 Pool Players 9:00 Mah Jong 10:00 Ukulele Jam 10:45 Strong Bodies 12:30 Canasta <b>1:00 Stained Glass</b> <b>1:00 Premier Travel Show</b>
<b>18</b> 9:00 Chair Yoga 1&2 9:30 Chair Boxing 10:00 Open Art Studio <b>12:00 Vets Lunch</b> 12:30 Mah Jong 12:30 5 Crowns 1:00 Wood Carving 1:00 Leather Tooling 1:00 Knitting/Crochet 1:00 Ladies Billiards <b>1:15 Movie-The Unforgivable</b>	<b>19</b> 8:00 Dance Aerobics 9:15 Strong Women 9:30 Corn Hole 10:00 Pastries on the Patio 10:45 Strong Bodies 12:30 Bridge 12:30 Scrabble 1:00 Sheephead 1:00 Coloring Group 1:00 Euchre <b>1:00 Winter Blues Pres.</b>	<b>20</b> 9:00 Chair Yoga 1&2 9:30 Chair Boxing 10:00 Dulcimer Practice <b>10:00 Blue Notes</b> <b>10:30 Memoirs &amp; Memories</b> 12:00 Writing Club 12:30 Phase-10 Card Game 12:30 Mah Jong <b>2:00 Fishing Club Meeting</b> <b>4:30 Line Dancing</b>	<b>21</b> <b>9:00 Friends of TGP</b> 9:15 Strong Women 10:00 Open Art Studio 10:00 Cribbage 10:00 Chair Massage 10:45 Stretching Class <b>11:30 Alterations Janet</b> <b>12:30 Christian Movie Club</b> 1:00 Euchre 1:00 Mexican Train 1:00 Rag Ruggers <b>1:00 Book Club</b>	<b>22</b> 8:00 Dance Aerobics 8:00 Pool Players 9:00 Mah Jong 10:00 Ukulele Jam 10:45 Strong Bodies <b>12:15 Folk Fair Trip</b> 12:30 Canasta
<b>25</b> 9:00 Chair Yoga 1&2 9:30 Chair Boxing 10:00 Open Art Studio 12:30 Mah Jong 12:30 5 Crowns 1:00 Wood Carving 1:00 Leather Tooling 1:00 Knitting/Crochet 1:00 Ladies Billiard	<b>26</b> 8:00 Dance Aerobics 9:15 Strong Women 9:30 Corn Hole <b>10:00 Pastries on the Patio</b> <b>10:30 Quilt Club</b> 10:45 Strong Bodies 12:30 Bridge 12:30 Scrabble 1:00 Sheephead 1:00 Coloring Group 1:00 Euchre	<b>27</b> 9:00 Chair Yoga 1&2 9:30 Chair Boxing 10:00 Dulcimer Practice <b>10:00 Blue Notes</b> 12:00 Writing Club 12:30 Phase-10 Card Game 12:30 Mah Jong <b>1:15 Bingo</b>	<b>CLOSED</b> 	



**ADRC Nutrition Program  
Dining Centers and Home Delivered Meals**



**Regular Menu  
November 2024**

Monday	Tuesday	Wednesday	Thursday	Friday
				
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>1</b>
Chicken Alfredo w/Pasta Carrots Spinach Whole Grain Roll Peaches	Beef Stew Peas Baked Potato Wedges Whole Grain Roll Banana Lemon Cake	Roasted Pork Loin Sauerkraut BBQ Pinto Beans Whole Grain Bread Apple Kettle Crisp	Spaghetti & Meatballs Mixed Vegetables Broccoli Whole Grain Roll Gelatin w/Pears	Beef Roast w/Gravy Noodles Butternut Squash Cucumber Salad Whole Grain Roll Choc. Chip Brownie Pineapple
<b>D</b>	<b>D</b>	<b>CH</b>	<b>D</b>	<b>D</b>
<b><i>Veterans Day</i></b> <b>11</b> 	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
Chicken Bruschetta Lentils w/Lemon & Dill Romaine w/Italian Beets WG Bread Frosted Cake	Hamburger w/Swiss Mushrooms Whole Grain Bun Baked Potato Wedges Stewed Tomatoes Mixed Fruit	Parmesan Cod Roasted Garlic Potatoes Ital. Blend Vegetables Rye Bread Gelatin w/Pears	Asian Beef Vegetable Fried Rice Carrots Whole Grain Roll Mandarin Oranges	BBQ Pork Rib Patty Ranch Pinto Beans Romaine w/Italian Warm Spiced Peaches Cornbread Lemon Cookie
<b>D</b>	<b>D</b>	<b>CH</b>	<b>D</b>	<b>D</b>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
Sloppy Joe (Turkey) Whole Grain Bun Carrots Baked Potato Wedges Romaine w/French Crispy Rice Treat	Parmesan Cod Mash. Sweet Potatoes Corn Whole Grain Bread Tropical Mixed Fruit Frosted Spice Cake	Meatballs & Gravy Confetti Brown Rice Green Beans Peas Carrot Raisin Salad Whole Grain Roll Orange	Chicken Parmesan Pasta Irish Blend Vegetables Broccoli Whole Grain Roll Pears Oatmeal Raisin Cookie	Taco Casserole Mexican Pinto Beans Spanish Rice Lettuce & Tomatoes Cornbread Apple Kettle Crisp Sugar-Free Pudding
<b>D</b>	<b>D</b>	<b>D</b>	<b>D</b>	<b>CH</b>
<b>25</b>	<b><i>Thanksgiving Menu</i></b> <b>26</b>	<b>27</b>	<b>NO MEALS</b> <b>28</b>	<b>NO MEALS</b> <b>29</b>
Spaghetti w/Meat Sauce Brussels Sprouts Broccoli Whole Grain Roll Mixed Fruit Chocolate Chip Cookie	Roast Turkey w/gravy Mashed Potatoes Cornbread Stuffing Green Bean Casserole Dinner Roll Pumpkin Bar	Pork Chop Suey Fried Rice Peas Cabbage Whole Grain Roll Gelatin w/Mandarin Oranges		
<b>D</b>	<b>D</b>	<b>D</b>	<b>D</b>	<b>D</b>

**Eligibility:** Any person age 60 or older, regardless of income, and a spouse of any age.  
**Dining centers:** Reservations are required and must be made no later than noon of the prior business day  
 Suggested contribution: \$5.00. All contributions are appreciated.  
**Home delivered:** Must also be homebound. Suggested contribution: \$5.00

**Call 608-757-5474 for Reservations, Cancellations, & Home Delivered Meal Information**



## The Gathering Place Wedding & Party Venue

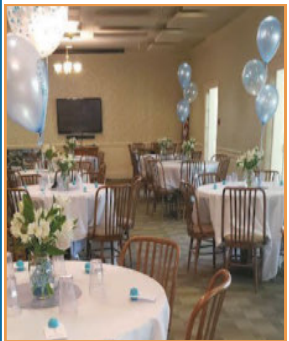
Hi everyone! As you have all heard by now, I am now doing rentals for The Gathering Place.



I wanted to share a little bit about our rental program for those of you that are wondering or have a special event coming up.



We have a beautiful setting for all types of events—Family reunions, anniversaries, birthdays, showers, class reunions, graduations-Celebrations of Life weddings and receptions.



We offer indoor and outdoor spaces. This allows you to have an alternate space when weather is inclement. So many times you plan an event for your backyard and then spend everyday checking the weather.



Our building is also ADA compliant for those guests that may have mobility concerns.

As a member you do receive a 10% discount on our rental rates. Our rates range from \$125 per hour up to \$250. Depending on the size of your guest list and whether you would like 1 level or 2 levels.



So call me anytime to discuss your date and your plans. I would love to help you plan the perfect celebration.

Please spread the word for us as your endorsement will help us secure more rentals. Word of mouth is always our best advertising.



Thank You and I look forward to hearing from you soon.

Goli—608-352-8469 or  
goli@gatheringplacemilton.com

## FUTURE EVENTS!

LET US KNOW IF YOU WOULD BE INTERESTED IN SOME NEW EVENTS FOR 2025! Stop by the reception desk or see Marie if you are interested in any of these possible activities!

**Lunch and Learn-Parkinson's 101** Learn about what Parkinson's is and the signs and symptoms.

**02 Lounge in Lake Geneva**-Boba & Juice cleanses. See a demonstration of freshly squeezed juices and cleanses. Possibly paired with a tour of Lake Geneva by bus or trolley and lunch.

**Dueterbeck's Brewing, Elkhorn**-Tour this local brewery and taste the brews from your own souvenir glass.

**Veterans Museum Tour**-Madison

**Miller Brewing Company, Milwaukee**-Tour the states largest brewery. Long distance walking required.

**The Fireside Theater-Fort Atkinson**-shows included for 2025:

Back in the Building-Elvis, West Side Story, Murder on the Orient Express, The Church Basement Ladies in the Last Potluck Supper, The Little Mermaid, Oklahoma, and A Wonderful Life





## DON'T LET PAIN *control your life*

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Janesville, WI 53546

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## Swifthaven COMMUNITY

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## Fairhaven Senior Services

Offering a full range of senior living and health care services

- Prairie Village Homes
- Senior Apartments w/ Levels of Care
- 47 New Assisted Living Units - End of Summer 2024
- Hearthstone Memory Care

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# GAMES AND ACTIVITIES

## PINOCHLE

We will be having a group for pinochle.  
Watch the bulletin board for time and day.



5 Crowns Mondays at 12:30PM

Check out this new card game!

## DOMINOES

Try new versions of dominoes! They will play Mexican Train or Chicken Foot. Open to all.

Thursdays at 1:00 PM

## Phase 10 Card Game!

Wednesdays, 12:30 p.m.

Phase 10 is a rummy-type card game with a challenging and exciting twist! The object of the game is to be the first player to complete 10 varied Phases —two sets of three, one run of seven, seven cards of one color and more. The twist is that each Phase to be completed is specific for each hand dealt. Those who complete the Phase advance to the next, but those who don't must try again! Finish all 10 and win the game.

## Bingo!

2nd and 4th Wednesday of the month,  
1:15 p.m.

Who doesn't enjoy the thrill of yelling "BINGO!!"? Come join us in the dining room for bingo. It's a great time to catch up with some friends you haven't seen in a while. A small snack and beverage will be provided. Cost is 50¢ per card with a maximum of four cards.

**Bridge** Tuesdays at 12:30pm

**Scrabble** Tuesdays at 12:30pm

**Sheepshead** Tuesdays at 1:00pm

**Euchre** Tuesdays and Thursdays at 1:00pm

**Cornhole** Tuesdays at 9:30am

**Canasta** Fridays at 12:30

## Pool Room

**Men's Pool - Fridays, 8:00 a.m.**

**Ladies Pool - Mondays, 1:00 p.m.**

## Open Art Studio

**Mondays and Thursdays, 10:00 a.m.** From acrylic to pencil to chalk to watercolors. Any level of painters are welcome to join the fun group at the Open Art Studio. Bring your current project or start a new one.

## CRIBBAGE

Thursdays, 10:00 a.m.

Cribbage, or crib, is a card game, traditionally for two players, that involves playing and grouping cards in combinations which gain points. Everyone is welcome to play!

## Mah Jong

**Mon. & Wed., 12:30 p.m. Fridays, 9:00 a.m.**

Do you need to challenge your mind or are you looking for something to do in the afternoon? Play the fascinating Chinese tile game of Mah Jong. This tile based game will have you addicted in no time! Do you want to learn? Please visit on Mah Jong day and observe, the players are happy to help you.

## Color Therapy for Adults

Tuesdays, 1:00 p.m.

Did you know coloring improves motor skills, sleep, focus, and reduces stress and anxiety? Check out our coloring group and see how beneficial it is to feel like a kid again while socializing with friends. Please bring your own coloring book and pencils/pens to use.

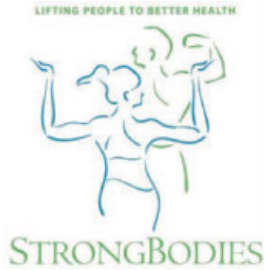
# HEALTHY LIVING

## WALK AND TALK

The walking group is done for the season.  
They will be back in April 2025!

## Let's Move Strong Bodies!

**Tuesdays and Fridays 10:45 to 11:30 a.m.**  
**Cost: \$35 per person for 10 week session**



Darcy Fugate will be instructing this class. Darcy has many certifications in the fitness field. This class is designed for both men and women and will work on strength, balance and functional movement for your daily life. You will start with a warm up and finish with a cool down and stretch. Darcy will incorporate weights, bands and your own body's resistance. These exercises can be done with a chair or standing. All exercises can be modified to fit your ability. Please bring your own weights and sign up.

**Session started September 3rd!**

## Chair Yoga 1&2

**Mondays and Wednesdays, 9:00 a.m.**

**Chair Yoga 1** is a gentle form of yoga that can be done while sitting. Some poses can also be done standing using a chair for support. Video led and will be held in the dining room.

**Sit and Get Fit-** is level 2 intensity of chair yoga. Video led and will be held in the lower level.

## Stretching Class

**Thursdays, 10:45 a.m. \$3.00**

Katy O'Brien, certified Health and Wellness Coach, teaches proper stretching techniques. This includes lying, sitting and standing stretches that will be done in a sequence that stretches all your muscles, large and small. Bring your mat and a water bottle. Cost is \$3.00 a session. No registration is required.

## Strong Women

**Tuesdays and Thursdays, 9:15 a.m.**

**Strong Women** is a strength training class to help women maintain muscle mass, strength and function as they age. Stop in and talk with instructor for more information.

Classes run for 12 weeks and cost \$36.

Contact Katy O'Brien 608-295-2707 for more information.



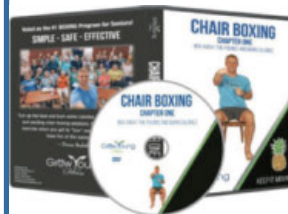
## Chair Massage

Massage therapist, Alicia Jenski, LMT, is offering chair massages twice a month. You can sign up for 15 or 30 minutes. Cost is \$15 per 15 minutes or \$30 for 30 minutes. Call to set up an appointment at 608-868-3500

## INTRODUCING CHAIR BOXING

These are workout routines that are safe for individuals of any age. Never get on the floor or risk injury again! This fitness DVD is perfect for seniors that are looking to stay active while being safe and reducing muscle strain. Feel younger, stronger, and healthier.

**MONDAYS AND WEDNESDAYS 9:30AM**



**STARTING RIGHT  
AFTER CHAIR YOGA IN  
THE DINING ROOM.**

## Dance Aerobics

**Tuesday and Friday 8:00am-9:00am**

Move at your own pace and gradually increase your movements for this low impact, aerobic activity. Come and try the first class for free. Each class is \$3.00 or call Nancy at 608-883-2931 for more information.

# LOOK AT WHAT WE'VE BEEN DOING!

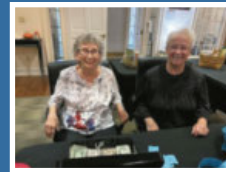
## MAIDEN VOYAGE OF THE NEW BUS!



PRESIDENT GENE WENHAM  
CUTS THE RIBBON



## STYLE SHOW FALL 2024!



EDWARD'S APPLE ORCHARD



GO  
PACK  
GO!





## Alterations

Janet Butler is an accomplished seamstress and is our alteration person. She owns her own business called "Sew Affordable," located in her Janesville home. Meet her in our library when you need your clothing altered.

**November 7 & 21 at 11:30**



## BLUE NOTES



We would love to have you join our choir and make great music with us! If you enjoy singing, please stop in and check us out.

Every Wednesday at 10:00AM

## WE NEED VOLUNTEERS!

If you can help with Afternoon with Santa or any other event, please stop at reception and let us know! We need you!!!

## Groups

Enjoy meeting with people with the same interests and working at your own pace. These are not classes but just a meeting of minds and talents.

### Rag Ruggers

Thursdays at 1:00 PM

### Writing Group

Wednesdays at 12:00PM

### Leather Tooling

Mondays at 1:00 PM

### Wood Carving

Mondays at 1:00PM

### Open Art Studio

Mon. and Thu. at 10:00AM

### Knitting/Crocheting

Mondays at 1:00PM

### Dulcimers

Wednesdays 10:00AM

### Ukuleles

Fridays 10:00AM

### Quilt & Sewing Club

2nd & 4th Tues. at 12:30PM

### Men's Pool

Fridays at 8:00AM

### Ladies Pool

Mondays at 1:00PM



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The Gathering Place, Milton, WI

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## MEMORIALS & GIFTS

### In Memory of Al Roehl

By Curt Nodolf

### In Memory of Julie Miller

By Jerome Labrie

### In Memory of Ruth Ann Ries

By Jerome Labrie & Corrine Fisher

## DONATIONS

Lonnie Brown and Mary Dreifke-candy

Diane Goodger-Knitted hats and scarves

David Olsen-Cards

Sonya and Cindy Barnes, Pris Meyer, Helen and Wayne Lau, Brian Veale- candy, toys etc. for Pumpkin Fest

Sue Rennhack-Money donation for Pumpkin Fest

**A HUGE THANK YOU TO ALL THE VOLUNTEERS THAT HELPED MAKE PUMPKIN FEST A GREAT SUCCESS! A SPECIAL THANK YOU TO RON PETT WHO DONATED ALL OF THE PUMPKINS!**

**WE COULDN'T DO IT WITHOUT YOU ALL!**

**THANK YOU!**

## PASTRIES ON THE PATIO

*Tuesdays Nov.  
12th & 26th at  
10:00am*

**COME AND ENJOY CONVERSATION AND TREATS!**



## NOVEMBER QUILT

**By Jean Romack**

**Amish With A Twist**

My friend Candy Schroeder gave me this as a kit. I took it with me to many quilting retreats. Completed last year and I had it quilted by Yvonne Carrillo this year.



## Honor Your Loved One

The Gathering Place offers memorial garden birds for sale

**In Memory of, or In Honor of** a loved one. The red 7" cardinals are \$300, blue 6" bluebirds are \$200 and yellow 5" goldfinches are \$100.

Memorial birds may be purchased at any time and will be placed on the memorial fencing. We invite all TGP members to visit the Memorial Garden and share with us this special space of remembrance and reflection.

If you have any questions, please call  
The  
Gathering  
Place.



## FYI FROM LYNN'S DESK

Newsletters are completed, printed and sent to the post office before the 20th of the month each month. Since it is bulk mail, delivery is never the same timeframe. We appreciate your patience the months when delivery is longer than normal.

# THE GATHERING PLACE DIRECTORY

## The Gathering Place

715 Campus Street  
Milton, Wisconsin 53563  
608-868-3500  
Website: [tgpmlton.com](http://tgpmlton.com)

### STAFF

Executive Director.....Matt Kendziera  
Administrative Assistant.....Lynn Schuler  
Program Coordinator.....Marie Hipsher  
Event Coordinator.....Goli Ziolek  
Maintenance.....John Bauer

### BOARD OF DIRECTORS

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Vice-Pres ..... Diane Pillard  
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Secretary.....Theresa Gunderson  
Jeremy Bilhorn, Dave Lader, Tom Presny, Becki Penny, Theresa Rusch, Tom Westrick, Dan Silha and Carol Tyriver.

### THE GATHERING PLACE E-MAILS

**Matt Kendziera**  
[Matt@gatheringplacemilton.com](mailto:Matt@gatheringplacemilton.com)  
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**Goli Ziolek**  
[goli@gatheringplacemilton.com](mailto:goli@gatheringplacemilton.com)  
**Marie Hipsher**  
[marie@gatheringplacemilton.com](mailto:marie@gatheringplacemilton.com)

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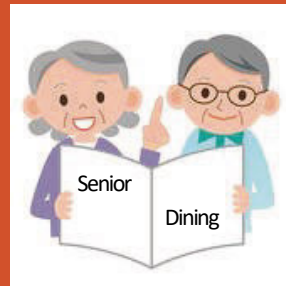
Contact Goli at 608-352-8469 or email her  
[goli@gatheringplacemilton.com](mailto:goli@gatheringplacemilton.com)

### BUILDING CLOSED FOR THANKSGIVING

NOVEMBER 28 AND 29

HAPPY THANKSGIVING!

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Reservations are required, and must be  
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Suggested donation: \$5.00. All donations  
appreciated.

Please call 757-5474 for reservations.

Lunch is served at 11:30 a.m.

  
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