

the GATHER 'round

April 2025

Live your life & forget your age

Volume 33 Number 6

7 1 5 C A M P U S S T . • M I L T O N W I S C O N S I N 5 3 5 6 3 8 6 8 • 3 5 0 0

ART EXHIBIT & LUNCH

Enjoy a trip to tour the beautiful art gallery at The Women's Club. Then enjoy a delicious and healthy meal at So Chopped along the Rock River in Janesville.

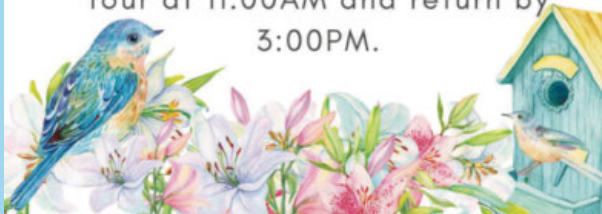
April 10th

\$10 members \$15 non-members

Must pay for own lunch.

Registration required by April 4th

Arrive TGP at 10:30AM. Art Gallery tour at 11:00AM and return by 3:00PM.



Spring Concert

The Blue Notes, Dulcimer Group and Ukulele Group will be sharing beautiful music at their Spring Concert. Join us in the lower level on

**Wednesday, May 14 at
10:30am**

HARD ROCK CASINO ROCKFORD

WEDNESDAY, APRIL 30TH

**\$10 FREE PLAY AND 50% OFF FOR SENIORS AT THE HARD
ROCK CAFE**

BUS LEAVES AT 9:15 AND RETURNS AT 3:45

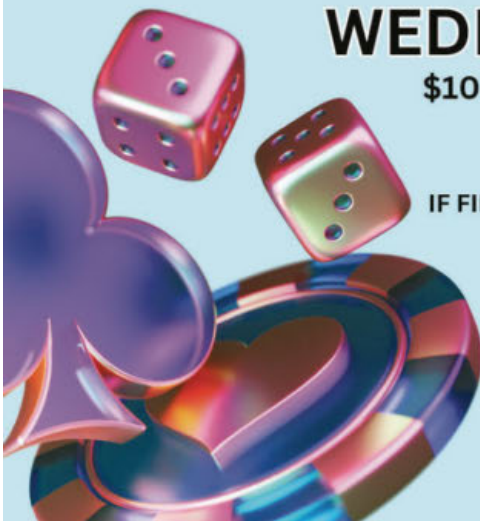
**IF FIRST TRIP FILLS UP WE WILL OPEN UP A SECOND TRIP LEAVING
AT 11:00 AND RETURNING AT 5:15PM**

\$30 MEMBERS

\$40 NON-MEMBERS

MUST REGISTER AT RECEPTION

**Enjoy the iconic music memorabilia
and great food at this new casino!**



FROM OUR DIRECTOR

"In the springtime, the heart regrows hope." – Angie Weiland-Crosby

Hello, Gathering Place Members:

Spring Has Sprung at The Gathering Place!

As the weather warms and early flowers emerge, we are excited to welcome the season of spring here at The Gathering Place. Our calendar is bursting with plenty of fun events, weekly activities, and trips to keep members busy. Whether you like to take the bus to a destination to see something new or prefer staying indoors for a creative class or cards, we have got something for everyone.

Our 25-passenger bus will hit the road in April for three great trips. Enjoy a delicious breakfast in Milton at Mary's Café. Head to downtown Janesville to see the art exhibit at the Janesville Women's Club followed by lunch at So Chopped. And don't miss the Kelch Aviation Museum trip in Brodhead to see 19 original vintage airplanes with lunch to follow at a family restaurant. Be sure to sign up to reserve your seat on the bus.

On March 4, twelve seniors from The Gathering Place participated in an oral history project with the Rock County history class at Milton High School. Students interviewed them about what life was like in different eras, providing the chance to share their unique stories and help preserve local history. What a fantastic opportunity to collaborate with the younger generation.

Stay active, stay engaged, and let us welcome the beauty of the season together.

Happy Spring!
Becky Kronberg



WE WANT TO KNOW!

Tess is conducting a survey to learn what you would like to do here at The Gathering Place. Please fill out, detach from the newsletter and bring back to our reception desk by April 30th.

ACTIVITIES/CLASSES

- ☐ Health/Exercise
- ☐ Relaxation/Yoga
- ☐ Dancing-type_____
- ☐ Arts & Crafts-type_____
- ☐ Fabric Crafts
- ☐ Cooking
- ☐ Gardening/Flowers
- ☐ Photography
- ☐ Entertainment/Music
- ☐ Other_____

PRESENTERS

- ☐ History related
- ☐ Health/Stress Management
- ☐ Coping with loss
- ☐ Advance Planning
- ☐ Legal Advice
- ☐ Technology
- ☐ Senior Housing
- ☐ Local Tourism
- ☐ Farm Life/Animals
- ☐ Other_____

TRIPS

- ☐ Casino
- ☐ Gardens
- ☐ Historical Locations
- ☐ Museums
- ☐ Theater/Musicals
- ☐ Live Music
- ☐ Restaurants
- ☐ Shopping
- ☐ Nature/Picnics
- ☐ Art Galleries
- ☐ Breweries/Wineries
- ☐ Boat/Train Rides
- ☐ Other_____

****If there are any other ideas please list below**

Thank You!

FOOD AND DRINK

POPCORN DAY!

TUESDAY, APRIL 15 FROM 1:00-3:00

Tess will make popcorn for everyone!
She will even deliver it to all the groups in the building.

Ladies Tea on the Porch

We are celebrating all women and
Mother's Day with a tea party.

Friday, May 9 at 1:15PM

We will have tea, treats and a
demonstration from Geske Gardens.
They will also have flower baskets for sale.
Wear your favorite hat!

\$10 members \$15 non-members

Registration and payment required by
May 2 to reserve your spot.

MARY'S CAFE

**APRIL'S BREAKFAST IS AT
MARY'S CAFE RIGHT HERE IN
MILTON!**

**JOIN US FOR A DOWNHOME
MEAL INCLUDING PANCAKES,
BREAKFAST SPECIALTIES AND
SWEET TREATS.**

TUESDAY, APRIL 8TH

**DRIVE YOURSELF OR CARPOOL WITH US. WE WILL
TAKE THE BUS IF WE HAVE OVER 10 RIDERS SO SIGN
UP BY APRIL 2ND AND LET US KNOW
IF YOU NEED A RIDE.
MEET AT 9:00AM AT MARY'S OR BE AT TGP BY 8:45
IF YOU NEED A RIDE.**

mealmeds+

THURSDAY APRIL 17TH AT 10AM

Reserve your spot at the Reception Desk

**SPACE IS LIMITED
\$20 per guest**

Join BEN CRESS, professional chef and creator of the MEALMEDS plant-based cooking program and explore how cooking for yourself in your own kitchen can change your life. Learn how to make simple plant-based meals designed to be fast, flavorful & easy to customize.

This MEALMEDS WORKSHOP is designed to help attendees learn how to use time invested in the kitchen as a form of dynamic meditation that benefits overall health of body, mind & spirit.

Biotic Benefits
Longevity Benefits
Motor Skill Benefits
Brain Health Benefits
Money Saving Benefits
Self-Confidence Benefits
Mood Management Benefits
Weight Management Benefits

STRESS RELIEF METHODS WITH WeCOPE

Sara from UW Extension will present her "We Cope" information session. This is just an information session prior to the class starting. You can sign up if you think you would like to attend the full program.

WeCOPE is an evidence-based program that helps adults cope with life stress. This course is based on the positive emotions research of Dr. Judith Moskowitz which has shown that connecting with positive emotions reduces stress and depression, increases positive feelings, and improves healthy habits.

Program is free. You can sign up for the program which runs for six to seven weeks, with one-hour sessions each week. During these sessions, participants learn and practice 11 self-care and coping skills.

**FRIDAY, APRIL 11 AT
12:00PM**

**MUST SIGN UP AT CLASS OR AT RECEPTION. IT IS
RECOMMENDED THAT YOU ATTEND ALL CLASSES.**

FOOT CLINIC



Older adults' feet lose cushioning over time, and the nails and skin can grow brittle and dry. George Daniels is a member of the American Foot Care Nurses Association. George will need each patient to bring a current list of their medications and a short medical history the first time you meet with him.

**\$50.00 PER HALF HOUR. SIGN UP AT
RECEPTION DESK OR CALL
608-868-3500**

WEDNESDAY, APRIL 2

CHAIR MASSAGE

**April 10 & 24
10:00AM**

Be sure to call and reserve your spot!

Massage therapist, Alicia Jenski, LMT, is offering chair massages twice a month. You can sign up for 15 or 30 minutes.

LINE DANCING

**GET FIT AND HAVE FUN HERE
AT THE GATHERING PLACE!**

**APRIL 2, 16 & 30
at 3:00pm**

Country, Hip Hop and Rock & Roll. No dance experience needed so come and join us!

**\$25 FOR 5 CLASSES OR \$6 PER
INDIVIDUAL CLASS**



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A 4C 01-1147

LEARN NEW THINGS

KELCH AVIATION MUSEUM BRODHEAD, WI

Step back in time to the Golden Age of aviation, when the thrill of flight captured the world's imagination. The Kelch Aviation Museum aircraft collection is made up of 19 original vintage airplanes. Get up close and discover the magic!

We will then eat lunch at a local establishment. Purchase your own lunch.



FRIDAY, APRIL 18TH

9:15 DEPARTURE RETURN BY 2:00PM

\$15 MEMBERS \$25 NON-MEMBERS

INCLUDES ADMISSION

SIGN UP BY APRIL 4TH

AT RECEPTION

RESEARCHING YOUR FAMILY TREE

Ruth Anderson from Rock County Genealogical Society and The Milton House will be here to discuss tips on researching local history and your family tree.

Learn what sources to use and what is available right here in Milton.

MONDAY, APRIL 7
1:00PM

Please sign up at reception.



MIDDLE EASTERN DANCERS

Be transported to the other side of the globe with Denai's Dancers! The show features an entertaining Middle Eastern Dance troupe based in Milwaukee, directed by Denise Lukasik-Sedmakwill. Includes some audience participation!

WEDNESDAY, APRIL 16

1:00PM

Must sign up at reception.

Condo Ownership & Living Monday, April 28 at 1 pm

Jess Lex of Jess Lex Homes will share tips for those who are in the downsizing stage of life. If you are looking for an organized, stress-free experience in searching for or owning a condo then you should attend.

Please sign up at reception.

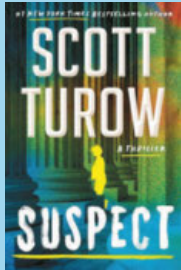


APRIL BOOK CLUB

Thursday, April 24

At 1:00PM

SUSPECT BY SCOTT
TUROW



The #1 *New York Times* bestselling author returns with a riveting legal thriller in which a reckless private detective is embroiled in a fraught police scandal.

MAY BOOK CLUB

Thursday, May 22

At 1:00PM

THE SECRET LIFE
OF FLORA LEA BY PATTIE
CALLAHAN HENRY



When a woman discovers a rare book with connections to her past, long-held secrets about her missing sister and their childhood in the English countryside during World War II are revealed.

CHRISTIAN MOVIE CLUB

Thursday, April 17 at 12:30pm

THE CHOSEN "THE LAST SIGN"

MOVIE OF THE MONTH



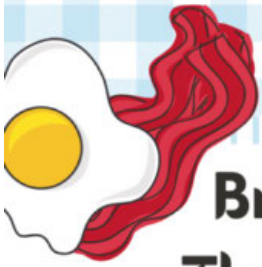
MONDAY, APRIL 21 AT
1:15PM

OPPENHEIMER

CHRISTOPHER NOLAN'S
BREATHTAKING GLOBAL
PHENOMENON ABOUT THE
FATHER OF THE ATOMIC BOMB
STARS CILLIAN MURPHY, EMILY
BLUNT, MATT DAMON, ROBERT
DOWNEY JR., AND FLORENCE
PUGH.

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COMING SOON!



Breakfast at The Wedge Inn

Enjoy breakfast at this family-owned, Janesville diner known for their homemade goodies. Fresh cinnamon rolls, donuts and pies, plus all the favorite breakfast dishes. The hashbrowns are the best in town!

TUESDAY, MAY 13

MEET US THERE OR RIDE THE BUS IF WE HAVE ENOUGH RIDERS.

BUS LEAVES AT 9:00AM AND WILL ARRIVE AT 9:15AM



THE ELEGANT FARMER

Enjoy a shopping trip to The Elegant Farmer for specialty foods including pies & crisps, cider baked ham, fruity applesauces, jumbo muffins, cookies, and many more tasty treats. After shopping, we will relax and have lunch at the Blue Bay Restaurant. They feature authentic Greek dishes and American favorites too.

WEDNESDAY, MAY 15
9:45AM DEPARTURE

\$10 MEMBERS \$15 NON-MEMBERS
MUST SIGN UP AND PAY AT RECEPTION TO RESERVE YOUR SPOT.



TECHNOLOGY WITH BEN

IN THIS CLASS YOU WILL LEARN HELPFUL TIPS ON THE BASICS OF SOCIAL MEDIA. YOU WILL LEARN ABOUT THE DIFFERENT TYPES OF SOCIAL MEDIA, THEIR DOWNSIDES AND BENEFITS, HOW TO POST, HOW TO UPLOAD PHOTOS AND HOW TO SHARE LINKS. ALSO LEARN ABOUT THE TRAPS AND THE DO'S AND DON'TS. BRING YOUR DEVICES AND QUESTIONS FOR BEN'S ASSISTANCE DURING THE Q&A PERIOD OF THE SESSION. FREE TO ALL! MUST SIGN UP AT RECEPTION



APRIL 14TH
AT 1:00PM



THE FIRESIDE DINNER THEATER

The Last Potluck

Thursday, June 5, 2025,
Bus leaves at 10:15AM

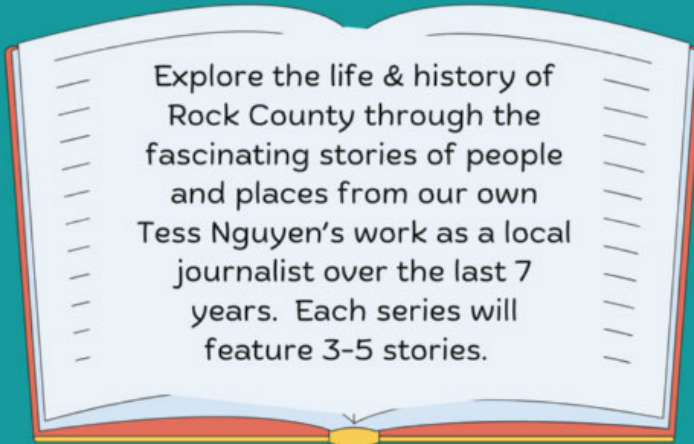
It is 1979, the day of the church's Centennial Celebration, and past parishioners have gathered to share hotdishes, bars and stories from the last 20 years.

Entree choices: Braised Pork Belly, Supreme Cut Chicken. Thai Grilled Shrimp and Vegetarian Cacciatore. Coffee, tea and milk included.

\$115.00-Members
\$125.00-Non-members

DON'T MISS THIS!

Local Stories with Tess





Explore the life & history of Rock County through the fascinating stories of people and places from our own Tess Nguyen's work as a local journalist over the last 7 years. Each series will feature 3-5 stories.

Wednesday, April 2 at 1:00PM

The first Wednesday of each month.

Sign up at reception.
FREE

Pastries on the Patio



Looking for something fun to do on various Tuesday mornings from 10:00AM to 11:00AM?

Join us and Mary JJ for coffee, pastries and lively conversation.

It's always a good time!

April 8 & 22

PUZZLE COMPETITION

Join in a fun night of competition putting together a 500 piece puzzle with a team of up to four in 2 hours.

Gather your friends or get put on a team with new friends and race to finish your puzzle first.

Prizes for the winners and refreshments for all!

\$10 per person with up to four on a team.

If you don't have a team we can put you on one.
Come and enjoy some fellowship and fun!

Tuesday, May 6
6:00PM-8:00PM

Must sign up
at reception.





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 8:00 Dance Aerobics 9:15 Strong Women 9:30 Corn Hole 10:45 Strong Bodies 12:30 Bridge 12:30 Scrabble 1:00 Sheepshead 1:00 Coloring Group 1:00 Euchre	2 9:00 Foot Clinic 9:00 Pinochle 9:00 Chair Yoga 1&2 9:40 Chair Boxing 10:00 Dulcimer Practice 10:00 Blue Notes 12:30 Phase-10 Card Game 12:30 Mah Jong 1:00 Writers Club 1:00 Local Stories with Tess 3:00 Line Dancing	3 9:15 Strong Women 10:00 Open Art Studio 10:00 Cribbage 10:45 Stretching Class 11:30 Alterations Janet 1:00 Rag Ruggers 1:00 Euchre 1:00 Mexican Train 1:00 Stained Glass	4 8:00 Dance Aerobics 8:00 Pool Players 9:00 Mah Jong 9:00 Walking Group 10:00 Ukulele Jam 10:45 Strong Bodies 12:30 Canasta 12:30 500 Club 1:00 Stained Glass
	7 9:00 Chair Yoga 1&2 9:40 Chair Boxing 10:00 Open Art Studio 12:30 Mah Jong 12:30 5 Crowns 1:00 Wood Carving 1:00 Leather Tooling 1:00 Knitting/Crochet 1:00 Ladies Billiards 1:00 Genealogy Pres.	8 8:00 Dance Aerobics 9:15 Strong Women 9:00 Mary's Cafe 9:30 Corn Hole 10:00 Pastries on the Patio 10:30 Quilting & Sewing 10:45 Strong Bodies 12:30 Bridge 12:30 Scrabble 1:00 Sheepshead 1:00 Coloring Group 1:00 Euchre	9 9:00 Pinochle 9:00 Chair Yoga 1&2 9:40 Chair Boxing 10:00 Dulcimer Practice 10:00 Blue Notes 12:30 Phase-10 Card Game 12:30 Mah Jong 1:00 Writers Club 1:15 Bingo	10 9:15 Strong Women 10:00 Chair Massage 10:00 Open Art Studio 10:00 Cribbage 10:45 Stretching Class 10:45 Art Exhibit/Lunch 1:00 Rag Ruggers 1:00 Euchre 1:00 Mexican Train
14 9:00 Chair Yoga 1&2 9:40 Chair Boxing 10:00 Open Art Studio 12:30 Mah Jong 12:30 5 Crowns 1:00 Wood Carving 1:00 Leather Tooling 1:00 Knitting/Crochet 1:00 Ladies Billiards 1:00 Tech With Ben	15 8:00 Dance Aerobics 9:15 Strong Women 9:30 Corn Hole 10:30 Quilt Club 10:45 Strong Bodies 12:30 Bridge 12:30 Scrabble 1:00 Popcorn Day 1:00 Sheepshead 1:00 Coloring Group 1:00 Euchre	16 9:00 Pinochle 9:00 Chair Yoga 1&2 9:40 Chair Boxing 10:00 Dulcimer Practice 10:00 Blue Notes 12:30 Phase-10 Card Game 12:30 Mah Jong 1:00 Writers Club 1:00 Bunco 1:00 Middle East Dancers 3:00 Line Dancing	17 9:00 Friends of TGP 9:15 Strong Women 10:00 Open Art Studio 10:00 Cribbage 10:00 Meal Meds Cooking Class 10:45 Stretching Class 11:30 Alterations Janet 12:30 Christian Movie Club 1:00 Rag Ruggers 1:00 Euchre 1:00 Mexican Train	18 8:00 Dance Aerobics 8:00 Pool Players 9:00 Walking Group 9:00 Mah Jong 9:15 Kelch Aviation Trip 10:00 Ukulele Jam 10:45 Strong Bodies 12:30 Canasta 1:30 Diamond Painting
21 9:00 Chair Yoga 1&2 9:40 Chair Boxing 10:00 Open Art Studio 12:30 Mah Jong 12:30 5 Crowns 1:00 Wood Carving 1:00 Leather Tooling 1:00 Knitting/Crochet 1:00 Ladies Billiards 1:15-Movie Oppenheimer	22 8:00 Dance Aerobics 9:15 Strong Women 9:30 Corn Hole 10:00 Pastries on the Patio 10:30 Quilting & Sewing 10:45 Strong Bodies 12:30 Bridge 12:30 Scrabble 1:00 Sheepshead 1:00 Coloring Group 1:00 Euchre	23 9:00 Pinochle 9:00 Chair Yoga 1&2 9:40 Chair Boxing 10:00 Blue Notes 10:00 Dulcimer Practice 12:30 Phase-10 Card Game 12:30 Mah Jong 1:00 Writers Club 1:15 Bingo 2:00 Fishing Club	24 9:15 Strong Women 10:00 Chair Massage 10:00 Open Art Studio 10:00 Cribbage 10:15 Fireside-Murder on the Orient Express 10:45 Stretching Class 1:00 Rag Ruggers 1:00 Euchre 1:00 Mexican Train 1:00 Book Club	25 8:00 Dance Aerobics 8:00 Pool Players 9:00 Walking Group 9:00 Mah Jong 9:30 Charcuterie Board Ptg 10:00 Ukulele Jam 10:45 Strong Bodies 12:30 Canasta
28 9:00 Chair Yoga 1&2 9:40 Chair Boxing 10:00 Open Art Studio 12:30 Mah Jong 12:30 5 Crowns 1:00 Wood Carving 1:00 Leather Tooling 1:00 Knitting/Crochet 1:00 Ladies Billiards 1:00 Condo Ownership	29 8:00 Dance Aerobics 9:15 Strong Women 9:30 Corn Hole 10:30 Quilt Club 10:45 Strong Bodies 12:30 Bridge 12:30 Scrabble 1:00 Sheepshead 1:00 Coloring Group 1:00 Euchre	30 9:00 Pinochle 9:00 Chair Yoga 1&2 9:15 Hard Rock Casino 9:40 Chair Boxing 10:00 Blue Notes 10:00 Dulcimer Practice 12:30 Phase-10 Card Game 12:30 Mah Jong 1:00 Writers Club 3:00 Line Dancing		



ADRC Nutrition Program Dining Centers and Home Delivered Meals



Regular Menu April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	<div>1</div> <div>BBQ Chicken Breast Brown Rice Cauliflower Carrots Tropical Fruit Mix</div> <div>CH</div>	<div>2</div> <div>Cheeseburger Casserole Spinach Peas Applesauce Sugar Cookie</div> <div>D</div>	<div>3</div> <div>Roast Turkey w/Gravy Mashed Potatoes Beets Cottage Cheese Whole Grain Bread Peaches</div> <div></div>	<div>(Meatless) 4</div> <div>Parmesan Cod Tartar Sauce Savory Rice Pilaf Baked Beans Cabbage Pears</div> <div></div>
<div>7</div> <div>Rosemary Chicken w/Gravy Roasted Garlic Potatoes Peas Whole Grain Bread Applesauce Chocolate Chip Cookie</div> <div>D</div>	<div>8</div> <div>Tuna Macaroni Salad Pea Salad Strawberries Vanilla Yogurt Fruity Oatmeal Bar</div> <div>D</div>	<div>9</div> <div>Beef Roast w/Gravy Mashed Potatoes Beets Romaine Salad w/Ranch Dressing Rye Bread Chocolate Cake</div> <div>CH D</div>	<div>10</div> <div>Taco Meat (turkey) Spanish Brown Rice Stewed Tomatoes Mexican Pinto Beans Pears</div> <div></div>	<div>(Meatless) 11</div> <div>Cheese Stuffed Shells w/Red Sauce Green Beans Italian Vegetables Light Vanilla Yogurt</div> <div></div>
<div>14</div> <div>Bratwurst Whole Grain Bun Peppers & Onions Baked Beans Spinach Salad w/Ranch Cinnamon Apples</div> <div></div>	<div>15</div> <div>Chicken Stir Fry Brown Rice Stewed Tomatoes Melon Mix Sugar-Free Pudding</div> <div></div>	<div>16</div> <div>Beef Roast w/Gravy Mashed Potatoes Peas Whole Grain Bread Apple Slices Peanut Butter</div> <div>CH</div>	<div>17</div> <div>Chicken Breast w/Mushroom Gravy Pasta Green Beans Broccoli Pears</div> <div>CH</div>	<div>18</div> <div>NO MEALS Spring Holiday</div> <div></div>
<div>21</div> <div>Parmesan Cod Au Gratin Potatoes Brussels Sprouts Carrot Raisin Salad Whole Grain Bread Strawb/Banana Yogurt</div> <div></div>	<div>22</div> <div>Turkey Salad Croissant Vegetable Pasta Salad Three Bean Salad Orange</div> <div></div>	<div>23</div> <div>Spaghetti & Meatballs Broccoli Romaine Salad w/Caesar Dressing Whole Grain Roll Cinnamon Apples</div> <div></div>	<div>24</div> <div>Salisbury Steak Mushroom Gravy Mashed Potatoes Green Beans Whole Grain Bread Power Brownie</div> <div>D</div>	<div>25</div> <div>Chicken & Wild Rice Carrots Peas Cornbread Gelatin w/Pears Sugar Cookie</div> <div>CH D</div>
<div>28</div> <div>BBQ Pork Rib Patty Baked Bean Medley Stewed Tomatoes Rye Bread Pears</div> <div></div>	<div>29</div> <div>Chicken & Mushroom Alfredo w/Pasta Broccoli Carrots Whole Grain Roll Tropical Fruit Pudding</div> <div></div>	<div>30</div> <div>Meatloaf w/Gravy Potato Wedges Carrots Whole Grain Bread Apple Kettle Crisp</div> <div>D</div>		

Eligibility: Any person aged 60 or older, regardless of income, and a spouse of any age.
Dining centers: Reservations are required and must be made no later than noon of the prior business day
 Suggested contribution: \$5.00. All contributions are appreciated.
Home delivered: Must also be homebound. Suggested contribution: \$5.00

Call 608-757-5474 for Reservations, Cancellations, & Home Delivered Meal Information

FUN THINGS TO DO!

STAINED GLASS

Enjoy this creative & fun class! Learn everything from how to cut glass to soldering the finished product. All tools and supplies are furnished.

**APRIL 3 & 4
1:00PM-4:00PM**

**\$20 FOR 2 CLASSES
PLEASE SIGN UP AT RECEPTION**



**CHECK OUT THE NEW
PROJECTS DIAMOND
PAINTING HAS TO
OFFER!**

SHERILYN HAS UPDATED HER STOCK AND HAS NEW THINGS TO SHOW YOU. CHECK IT OUT ON

**FRIDAY, APRIL 18
AT 1:30PM**

LOOKING FOR SOME IDEAS FOR THE UPCOMING SPRING AND SUMMER HOLIDAYS? THEN THE DIAMOND PAINTING CLASS MAY BE FOR YOU! LOTS OF NEW IDEAS LIKE FREESTANDING DECORATIONS, PURSES, 2025 CALENDARS, NAPKIN HOLDERS & MORE. NO EXPERIENCE NECESSARY NO ADDITIONAL EQUIPMENT. THE KITS COME WITH EVERYTHING THAT YOU NEED TO FINISH A PROJECT. COST RANGE IS FROM \$10-\$25 DEPENDING ON THE PROJECT. SIGN UP AT RECEPTION.

PAINTING CHARCUTERIE BOARD CLASS

**FRIDAY, APRIL 25
9:30AM-10:30AM**

Create a beautiful painted serving board in one hour! Heather will provide you with the boards, paint supplies and instruction to make your creation you can take home.

**\$35.00
REGISTRATION IS
REQUIRED BY
APRIL 15TH**



BLUE NOTES



We would love to have you join our choir and make great music with us! If you enjoy singing, please stop in and check us out.

Every Wednesday at 10:00AM

VOLUNTEER

Volunteers Needed

**JOIN THE
FRIENDS OF THE
GATHERING
PLACE**

THE FRIENDS GROUP IS A VOLUNTEER GROUP THAT IS RESPONSIBLE FOR FUN EVENTS LIKE THE STYLE SHOW, CRAFT FAIR, MURDER MYSTERY AND MANY OTHERS.

**THEY MEET EVERY THIRD
THURSDAY AT 9:00am**



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The Gathering Place, Milton, WI

C 4C 01-1147

GAMES AND ACTIVITIES

PINOCHLE

We will be trying Wednesdays at 9 AM. They will be teaching as well as playing.



5 Crowns Mondays at 12:30PM

Check out this new card game!

DOMINOES

Try new versions of dominoes! They will play Mexican Train or Chicken Foot. Open to all.

Thursdays at 1:00 PM

Phase 10 Card Game!

Wednesdays, 12:30 PM

Phase 10 is a rummy-type card game with a challenging and exciting twist! The object of the game is to be the first player to complete 10 varied Phases —two sets of three, one run of seven, seven cards of one color and more. The twist is that each Phase to be completed is specific for each hand dealt. Those who complete the Phase advance to the next, but those who don't must try again! Finish all 10 and win the game.

Bingo!

**2nd and 4th Wednesday of the month,
1:15 PM**

Who doesn't enjoy the thrill of yelling BINGO? Come join us in the dining room for bingo. It's a great time to catch up with some friends you haven't seen in a while. A small snack and beverage will be provided. Cost is 50¢ per card with a maximum of four cards.

Bridge-Tuesdays at 12:30 PM

Scrabble-Tuesdays at 12:30 PM

Sheepshead-Tuesdays at 1:00 PM

Euchre-Tuesdays and Thursdays at 1:00 PM

Cornhole Tuesdays at 9:30 AM

Canasta Fridays at 12:30

Pool Room

Men's Pool - Fridays, 8:00 AM

Ladies Pool - Mondays, 1:00 PM

Open Art Studio

Mondays and Thursdays, 10:00 AM From acrylic to pencil to chalk to watercolors. Any level of painters are welcome to join the fun group at the Open Art Studio. Bring your current project or start a new one.

CRIBBAGE

Thursdays, 10:00 AM

Cribbage, or crib, is a card game, traditionally for two players, that involves playing and grouping cards in combinations which gain points. Everyone is welcome to play!

Mah Jong

Mon. & Wed., 12:30 PM & Fridays, 9:00 AM

Do you need to challenge your mind or are you looking for something to do in the afternoon? Play the fascinating Chinese tile game of Mah Jong. This tile based game will have you addicted in no time! Do you want to learn? Please visit on Mah Jong day and observe, the players are happy to help you.

Coloring Group for Adults

Tuesdays, 1:00 PM

Did you know coloring improves motor skills, sleep, focus, and reduces stress and anxiety? Check out our coloring group and see how beneficial it is to feel like a kid again while socializing with friends. Please bring your own coloring book and pencils/pens to use.

HEALTHY LIVING

Chair Massage

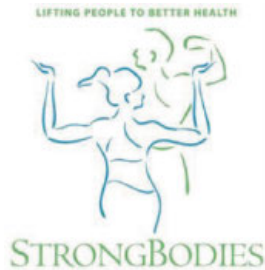
Massage therapist, Alicia Jenski, LMT, is offering chair massages twice a month. You can sign up for 15 or 30 minutes. Cost is \$15 per 15 minutes or \$30 for 30 minutes. Call to set up an appointment at 608-868-3500

Let's Move Strong Bodies!

Tuesdays and Fridays

10:45 AM to 11:30 AM

Cost: \$35 per person for 10 week session



Darcy Fugate will be instructing this class. Darcy has many certifications in the fitness field. This class is designed for both men and women and will work on strength, balance and functional movement for your daily life. You will start with a warm up and finish with a cool down and stretch. Darcy will incorporate weights, bands and your own body's resistance. These exercises can be done with a chair or standing. All exercises can be modified to fit your ability. Please bring your own weights and sign up.

Chair Yoga 1&2

Mondays and Wednesdays, 9:00 AM

Chair Yoga 1 is a gentle form of yoga that can be done while sitting. Some poses can also be done standing using a chair for support. Video led and will be held in the dining room.

Sit and Get Fit- is level 2 intensity of chair yoga. Video led and will be held in the lower level.

Dance Aerobics

Tuesday and Friday 8:00 AM-9:00 AM

Move at your own pace and gradually increase your movements for this low impact, aerobic activity.

Come and try the first class for free. Each class is \$3.00 or call Nancy at 608-883-2931 for more information.

Strong Women

Tuesdays and Thursdays, 9:15 AM

Strong Women is a strength training class to help women maintain muscle mass, strength and function as they age. Stop in and talk with instructor for more information.

Classes run for 12 weeks and cost \$36.

Contact Katy O'Brien 608-295-2707 for more information.



CHAIR BOXING

These are workout routines that are safe for individuals of any age. Never get on the floor or risk injury again! This fitness DVD is perfect for seniors who are looking to stay active while being safe and reducing muscle strain. Feel younger, stronger, and healthier.

MONDAYS AND WEDNESDAYS

**IMMEDIATELY
FOLLOWING CHAIR
YOGA 9:45 AM**



Stretching Class

Thursdays, 10:45 AM \$3.00

Katy O'Brien, certified Health and Wellness Coach, teaches proper stretching techniques. This includes lying, sitting and standing stretches that will be done in a sequence that stretches all your muscles, large and small. Bring your mat and a water bottle. Cost is \$3.00 a session. No registration is required.

Walking Group Friday at 9:00 AM

TRAVEL OPPORTUNITIES

PREMIER TRAVEL FOR 2025

Cape Cod & the Islands — October 4–10, 2025
Book by **4/7/25** for group rate

West Virginia Rails & Williamsburg — October 9–16, 2025
Book by **4/12/25** for group rate

Peru & Machu Picchu — November 5–13, 2025
Book by **5/9/25** for group rate

Historic Savannah & Charleston Holiday — December 10–16, 2025
Book by **6/13/25** for group rate



COLLETTE TRAVEL FOR 2025



Discover the Pacific Northwest & California
October 6 - 13, 2025
Book by 4/6/2025 for group rate

MARCH & APRIL QUILT WASHDAY 59" x 70"

Spring will be here soon
and this quilt reminds us
of days gone by on the
farm with aprons
hanging on the
clothesline on wasday.



Pieced & appliqued by Karla Nitz and
quilted with a swirling blustery windy
design by Loose Threads.
CHECK IT OUT IN CONFERENCE ROOM!

ELDER BENEFIT SPECIALIST

Lachelle Fowler is a Benefit Specialist who is responsible for assisting older persons in gaining access to benefits, entitlements, and legal rights. She works with county residents 60 years of age and older, regardless of financial status.

Call for an appointment at 608-757-5414



Alterations

Janet Butler is an accomplished seamstress and is our alteration person. She owns her own business called **"Sew Affordable,"** located in her Janesville home. Meet her in our library when you need your clothing altered.

**Thursdays, April 3 & 17
at 11:30**

Writers Club

The Writers Club will now meet on Wednesdays at 1:00PM instead of 12:00PM. Make sure you take note of this time change.



Groups

Enjoy meeting with people with the same interests and working at your own pace. These are not classes but just a meeting of minds and talents.

Rag Ruggers

Thursdays at 1:00 PM

Leather Tooling

Mondays at 1:00 PM

Open Art Studio

Mon. and Thu. at 10:00 AM

Dulcimers

Wednesdays 10:00 AM

Quilt & Sewing Club

2nd & 4th Tues. at 10:30 AM

Men's Pool

Fridays at 8:00 AM

Writing Group

Wednesdays at 1:00 PM

Wood Carving

Mondays at 1:00 PM

Knitting/Crocheting

Mondays at 1:00 PM

Ukuleles

Fridays 10:00 AM

Coloring Group

Tuesdays at 1:00 PM

Ladies Pool

Mondays at 1:00 PM



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lisa.mccue@ceterais.com



Lisa McCue
Investment Advisor

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Fresh Bakery & Much, Much, More!

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RECIPE OF THE MONTH

SPRING SNACK MIX

4 cups Corn Chex or Crispix

2 cups pretzels

3 cups Bugles or Fritos

1/2 cup cashew pieces

Cooking spray for pan

3/4 cup firmly packed light brown sugar

4 tbsp light corn syrup

4 tbsp butter

1 tsp vanilla extract

1/4 tsp salt

10 oz. bag of Spring colored M&Ms

Preheat oven to 250 degrees.

Combine first 4 ingredients on a jelly roll pan. Combine brown sugar, corn syrup and butter in a small saucepan. Cook over medium heat, stirring constantly, for 2 minutes or until sugar and butter melt. Do not cook too long or it will harden and become thick. Remove from heat and stir in vanilla and salt. Immediately pour syrup mixture evenly over cereal mixture and toss quickly to coat well. Bake at 250 degrees for 1 hour, stirring every 15 minutes. Spread warm snack mix in a single layer on wax paper to cool. Sprinkle with M&Ms. Break cooled snack mix apart and serve.

It's delicious!

Recipe from Karen Ferguson

WHAT WE'VE BEEN DOING



Distillery Tour



Oral History Project



Hot Dog Day



Fuji Steakhouse



Love Songs & Sweet Treats



Mahjong

THE GATHERING PLACE DIRECTORY

The Gathering Place

715 Campus Street

Milton, Wisconsin 53563

608-868-3500

Website: tgpmilton.com

STAFF

Executive Director.....Becky Kronberg

Administrative Assistant.....Lynn Schuler

Rental Coordinator.....Goli Ziolek

Program Coordinator.....Tess Nguyen

Maintenance Coordinator.....John Bauer

Bus Driver.....Dave Schuler

Custodian.....Chad Homan

BOARD OF DIRECTORS

President..... Gene Wenham

Vice-President Diane Pillard

Treasurer Dan Nelson

Secretary.....Theresa Gunderson

Jeremy Bilhorn, Dave Lader, Tom Presny, Becki Penny, Theresa Rusch, Tom Westrick, Dan Silha, Carol Watson and Carol Tyriver.

THE GATHERING PLACE E-MAILS

Becky Kronberg

becky@gatheringplacemilton.com

Lynn Schuler

lynn@gatheringplacemilton.com

Goli Ziolek

goli@gatheringplacemilton.com

Tess Nguyen

tess@gatheringplacemilton.com

The Mission Statement: The Gathering Place Supports Positive Living for All Ages. **Our Vision Statement is:** To provide Milton area residents with a place to gather for programs, activities, and services to enhance their dignity, support their independence, and encourage their involvement with each other and the community.

DONATIONS

Tom Westrick-Games

Bryan Veale-Girl Scout Cookies

Karen & Bill Mullen-Candy

Bernita Resch-Books

Carla Fisher-Coffee

Annelle Reese-Chocolate Candy

Jerry Cox, Gretchen Manthei-Money Donation

Jill Atchison-Stained glass for stained glass class

Cindy Barnes-Paper products, bingo supplies & snacks

Clasen's Quality Chocolate-Monetary Donation

Russ Vierck-Candy

PLEASE RENEW YOUR MEMBERSHIP FOR 2025

It's that time of year again! If you have not received your newsletter it may be because you have not renewed your membership. Please come in and fill out the membership form and pay your dues or go online and renew. Being a member is important and has so many benefits for you!

MEMORIALS & GIFTS

In Memory of Tom McNally

Memorial Bird by Angie McNally



Rock County Dining Center

Come and have lunch with us!

**Eligibility: Any person age 60+
(and a spouse of any age)**

Reservations are required, and must be made no later than noon of the prior business day.

Suggested donation: \$5.00. All donations appreciated.

Please call 757-5474 for reservations.

Lunch is served at 11:30 a.m.


THE GATHERING PLACE
SENIOR ACTIVITY CENTER
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